

## **Filippo Maria Moscati**

*Psychiatrist | Psychotherapist | Psychoanalytic Candidate*

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I am a psychiatrist and psychotherapist with a strong clinical and academic background, currently a candidate at the Italian Psychoanalytic Society (SPI). My professional journey began with my medical studies and specialization in psychiatry at Sapienza University in Rome, where I graduated with top honors in 2016. This academic foundation laid the groundwork for a career marked by continuous exploration of advanced methodologies and psychoanalytic approaches. My dedication to mental health led me to complete a Foundation Training in Open Dialogue at the London center in 2018 and to obtain a Master's Degree in Multifamily Psychoanalysis Groups from the Italian Laboratory of Multifamily Psychoanalysis (L.I.P.S.I.M) in 2020. These experiences enriched my clinical approach, allowing me to integrate systemic, psychodynamic, and psychoanalytic perspectives into my practice.

My clinical work focuses primarily on treating adolescents and young adults, with a particular emphasis on substance use disorders. Since 2019, I have served as a Permanent Psychiatrist at the UOS Nuove Dipendenze in Rome, where I work with individuals aged 15 to 25. In this role, I apply psychoanalytic insights to support patients in understanding and managing pathological addictions and complex mental health issues. My interest in this field also led to the development of my research, which culminated in the publication of the article *"To crave or not to crave? - How Craving for substances of abuse could be related to transgenerational identifications,"* awarded the Second IPSO Prize at the EPF 2024 in Florence.

I began my career as the Medical Director at the therapeutic community "La Grande Montagna" from 2016 to 2019, where I developed therapeutic programs for residents with complex mental health needs. During this period, I also worked as a Consultant Psychiatrist at the Residenza per l'Esecuzione delle Misure di Sicurezza (R.E.M.S.) under ASL Roma 5, where I supported individuals under judicial and therapeutic mandates. These experiences provided me with a deep understanding of working with vulnerable populations and developing therapeutic strategies that address both clinical and social dimensions of mental health.

Beyond my clinical roles, I am deeply committed to education and mentorship. Since 2021, I have been a Lecturer in Multifamily Psychoanalysis at L.I.P.S.I.M., contributing to the Multifamily Psychoanalysis Master's Program. In 2024, I began teaching Psychiatry at Sapienza University of Rome within the Nursing Degree Program (Infermieristica J). Additionally, I serve as a Trainer in

Multifamily Psychoanalysis at the Mental Health Department of Modena, where I provide professional development and clinical supervision for mental health practitioners. Between 2020 and 2022, I held the position of Scientific Secretary at L.I.P.S.I.M., managing scientific events, supporting research initiatives, and promoting multifamily psychoanalysis within both clinical and academic environments.

My involvement with the International Psychoanalytical Studies Organization (IPSO) has been an essential aspect of my professional growth. From 2022 to 2024, I served as an IPSO Representative for my training institute in Rome, engaging with the global psychoanalytic community through initiatives such as the Cross Regional Study Groups (CRSG) and "Meet the Analyst" sessions. These experiences allowed me to exchange insights with colleagues from around the world, enriching my perspective and contributing to IPSO's mission of fostering collaboration and learning among candidates. Additionally, during the EPF 2024 in Florence, I played an active role in organizing IPSO's social events, including the IPSO Party and other convivial gatherings. These events provided valuable opportunities to strengthen community ties and facilitate meaningful connections within the psychoanalytic field.

Throughout my career, I have been guided by the belief that resources—whether financial, educational, or relational—are not merely practical tools but represent a generational legacy that supports our development as candidates and future psychoanalysts. This perspective shapes my approach to clinical work, teaching, and community involvement. I strive to create environments where dialogue, connection, and healing can thrive.

My professional journey has been characterized by a blend of clinical expertise, academic insight, and a genuine passion for psychoanalytic practice. I look forward to continuing to contribute to the advancement of our community, supporting the next generation of candidates, and promoting a culture of openness, creativity, and development within our field.

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