

Andrés Juárez

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Professional Profile

Psychoanalytic psychotherapist for adults and analyst in training. I work in private practice, teach seminars, and supervise psychotherapists and psychologists. I have participated as a speaker in psychoanalytic events and serve as the co-director and editor of the ARPAC Journal of psychoanalysis.

Education

- **B.A. in Psychology** – Universidad Autónoma de Tamaulipas, Matamoros, Mexico (2012-2016).
- **Psychoanalytic Psychotherapist for Adults** – Asociación Regiomontana de Psicoanálisis (ARPAC), Monterrey, Mexico (2017-2018).
- **Analyst in training**– Asociación Regiomontana de Psicoanálisis (ARPAC), Monterrey, Mexico (2023-present).

Professional Experience

Coordinator of the "JÓVENES" Department – DIF System (2016-2018)

- Delivered conferences to high school students on the consequences of drug abuse and early pregnancy.

Private Practice – Psychoanalytic Psychotherapist for Adults (2018-present)

- Provide psychoanalytic psychotherapy for adults.

Teacher and Supervisor – Estudios Psicoanalíticos (EPSI) (2023-present)

- Teach psychoanalytic seminars each semester.
- Supervise groups of psychotherapists with their clinical material.

Co-director and Editor of the ARPAC Journal of psychoanalysis (2024-present)

I co-direct and edit a journal, working alongside a team of reviewers and designers. Together, we publish two editions per year featuring articles on theories, clinical work, art and social situations from a psychoanalytic perspective.

Reviewer in the IPSO Reviewers' team (2024-present)

Read and evaluate candidates' texts for presentation at psychoanalytic events.

Seminars Taught

- The therapeutic style: How to be an analyst?
- The emotional experience in the moment: What matters when being with patients
- Stories of analytic experiences: difficulties in dreaming
- Projective identifications as a way of communication

Conference Presentations

- Containing and holding to achieve being and becoming – Psychoanalytic Congress, ARPAC, Monterrey, Mexico, 2023.
- Interrupted dreams: Obstacles between the analyst and the emotional experience of the moment – Psychoanalytic Congress, ARPAC, Monterrey, Mexico, 2024.

Languages

-Spanish

-English