

Summary

I am an analyst in training at the Portuguese Psychoanalytical Society, having developed clinical experience in private practice and in the community context. I have also been involved in different scientific activities, through my participation in institutional life of the organizations to which I belong.

Professional Experience

- Private Practice in Psychoanalytic Psychotherapy for Adults, Couples and Families (2012-present)
- Private Practice in Psychoanalysis (2020-present)
- Teach Psychoanalytic Seminars at the Portuguese Psychoanalytic Psychotherapy of Couples and Families (2024-present)
- Clinical work in the community context (2012-2020)

Education

- BA Degree in Psychology (2004-2007) and Master Degree in Clinical Psychology (2008-2010) - Faculty of Psychology and Education Sciences of the University of Coimbra.
- Psychoanalytic Psychotherapist of Couples and Family - Portuguese Association of Psychoanalytic Psychotherapy of Couples and Family (2016-2020).
- Training Analyst - Portuguese Psychoanalytical Society (2020-2024).

Languages

- Portuguese and English

Additional Information

- Member of the Board of the Portuguese Association of Psychoanalytic Psychotherapy of Couples and Family (2018-2020)
 - Creation of the scientific journal for the Association, encouraging members to write and participate.
 - Helping improving social media of the association.

- Member of the Teaching Committee of the Portuguese Association of Psychoanalytic Psychotherapy of Couples and Family (2020-2022), where my main responsibilities were organizing the curriculum program for the four years of training by reorganizing the modules.

- Delegate at the European Federation of Psychoanalytic Psychotherapy, helping to promote the bridge between different sections of psychoanalytic psychotherapy in Europe (2019-2023).

- IPSO Rep at the Portuguese Psychoanalytical Society (2023-2025)
 - Organization of scientific activities (scientific meetings with foreign colleagues and supervisors), creation of an IPSO intervention group and planning social events for IPSO candidates.
 - Support in the organization of the IPSO social activities - IPA 2025.

- Research on the place of psychoanalysis in the community in Portugal for publication in a poster for the IPA Congress 2025.

- Attendance at a documentary film course (2024-present)