

Deniz Cosan Arman

IPA Psychoanalytic Candidate, Clinical Psychologist, Psychotherapist

Successfully organized 20 IPSO events over 4 years as a local representative, including the 28th IPSO European Meeting in Istanbul. Led the organizing team with an innovative, passionate, and creative approach, demonstrating quick thinking and adaptability in overcoming challenges. Relocated to Sweden from Istanbul, Turkey, in May 2024.

✉ denizcosan@hotmail.com

☎ 046769365440

📍 Kalmar, Sweden

IPSO ORGANIZATIONS

IPSO Study Day with IPA Training Analyst Stefano Bolognini / at the 26th International Psychoanalytical Meetings of Istanbul (11/2024)

"An Analyst's Institutional Family: Transferences to Personal Analysis, Supervision, and the Association" presentation, and a case study.

Interview with the Writer and the Editor, IPA Training Analyst Tevfika Ikiz (07/2024)

Author and editor of Obesity in 100 Questions book, discussing its psychoanalytic approach.

IPSO Study Day with IPA Training Analyst Sverre Varvin / at the 25th International Psychoanalytical Meetings of Istanbul (11/2023)

"Supervisions in Psychoanalytic Formation" presentation, a case study discussion led by Sverre Varvin, with a cocktail reception.

IPSO Study Day with IPA Training Analyst Jasminka Sulgajic / at the International Conference of Thinking on Borders with the theme of "Out of Place" (06/2023)

A presentation on immigration, a case study discussion led by Jasminka Sulgajic from the Serbian Psychoanalytic Society, with a cocktail reception.

6 Psychosocial Support Meetings with Konstantinos Taliouridis: "Healing the Wounds" (02/2023 - 04/2023)

Meetings following the devastating earthquake in Turkey in February, 2023. Held on February 12, 19, 26, and April 12, 19, and 30, 2023.

Local Social Meeting of IPSO Candidates in Istanbul, Turkey (06/2022)

A social gathering for IPSO candidates from two Istanbul associations to engage and evaluate opportunities for joint production.

Case Study with IPA Training Analyst John Steiner (02/2022)

An online study of international candidates worldwide with simultaneous translation.

IPSO Case Study Day with IPA Training Analyst Angela Mauss-Hanke / at the 23rd International Psychoanalytical Meetings of Istanbul (11/2021)

Two case study discussions led by Angela Mauss-Hanke from the German Psychoanalytic Association. Presented a case study.

The Annual IPSO Congress & 28th European Meeting: "A Shattered World: Echoes of the Unspoken in Psychoanalysis" (10/2024)

International conference at Istanbul, featuring an IPSO lunch, dinner and party, a thinking group study, theoretical and clinical presentations.

The Internal Routes Project: Linking through Learning, IPSO Turkey & India (06/2024)

Case studies with IPA Training Analyst Zehra Unsal (Turkey) and Gouri Salvi (India).

Social Meeting of IPSO Candidates in Istanbul, Turkey (07/2023)

The local social gathering for candidates to socialize, engage and strengthen relationships.

Theoretical and Clinical Study on Neurodiversity with IPA Training Analyst Levent Kayaalp (05/2023)

A local seminar including a presentation on neurodiversity and a related case study led by Levent Kayaalp from Istanbul Psychoanalytical Association.

Interview with IPA Training Analyst Elda Abrevaya on Femininity, Melancholy, and Sublimation (12/2022)

On her book 'Femininity, Desire, and Sublimation in Psychoanalysis: From the Melancholic to the Erotic', published by Routledge Publications.

Theoretical and Clinical Study on Object Relations with IPA Analyst Irem Anli (03/2022)

A local seminar including a presentation on object relations and a case study led by Irem Anli from Psike Istanbul.

IPSO Study Day with IPA Training Analyst Joseph Triest / at the 24th International Psychoanalytical Meetings of Istanbul (11/2022)

"Making the Unconscious Conscious Today" presentation, a case study discussion led by Joseph Triest, and a cocktail reception.

VOLUNTEER EXPERIENCE

IPSO Representative
Istanbul Psychoanalytical Association

05/2021 - 12/2024

Tasks/Achievements

- Leading the local IPSO Committee
- Led the organization of 20 IPSO Events, overseeing all aspects of planning and coordination
- Social Media + Communications + Moderation

Volunteer Counselling Psychologist
Several institutions in the UK

2010 - 2012

Manchester, the United Kingdom

Place2Be, LGBT Center Manchester, United Churches of Healing Ministry
Description

- Offered supervised counselling for children, adolescents, LGBTI+ individuals, and adults.

WORK EXPERIENCE

IPA Psychoanalyst in Formation

Private Practice

07/2019 - Present

Istanbul Psychoanalytical
Association, Turkey

Achievements

- Approved as an IPA Psychoanalytic Candidate in June, 2019.
- Granted permission to provide psychoanalysis on the couch to adults, under supervision, in November, 2020.
- Providing psychoanalysis on the couch.
- Completed mandatory theoretical and clinical seminars.
- Completed mandatory study periods with international IPA training analysts (4+2 years).

Psychotherapist

Private Practice

09/2012 - Present

Details

- Providing long-term individual psychoanalytical therapy to adults.
- Worked with children, adolescents, adults, families, and couples.
- Used play-therapy, humanistic, integrated, and psychodynamic approaches.
- Worked in both short- and long-term settings, including crisis intervention.

University Lecturer

Several universities

09/2015 - 09/2017

Istanbul Arel University; Istanbul Halic University

Istanbul, Turkey

Description

- Lectured graduate and undergraduate students in psychoanalytic approaches, psychology and clinical psychology.

Counselling & Clinical Psychologist

Several institution in Istanbul, Turkey

2012 - 2022

Halicioglu Medical Center; Yedikule Psychiatry Center; Social Policy, Gender Identity, and Sexual Orientation Studies Association ; Corporate Counselling Services

Description

- Provided counselling and psychotherapy for adults, LGBTI+ individuals, children, couples, and families.
- Applied TAT, Rorschach, WISC and other psychological evaluation tests.

EDUCATION

MA in Clinical Psychology (Adult Psychotherapy)

Istanbul Bilgi University

09/2014 - 02/2018

Istanbul, Turkey

MSc in Counselling Psychology

Keele University

09/2010 - 09/2012

The United Kingdom

BA in Psychology

Istanbul Bilgi University

09/2005 - 07/2010

Istanbul, Turkey

BA in Sociology

Istanbul Bilgi University

09/2005 - 07/2010

Istanbul, Turkey

Erasmus Program in Psychology

Kopenhagen University

2008 - 2009

Kopenhagen, Denmark

Erasmus Program in Sociology

Kopenhagen University

2008 - 2009

Kopenhagen, Denmark

LANGUAGES

Turkish

Native or Bilingual Proficiency

English

Full Professional Proficiency

Swedish

Limited Working Proficiency