

Dear IPSO Members and Colleagues All Over the World;

Our belief in the transformative power of psychoanalysis and our dedication to psychoanalytic work are among the strongest common grounds we share as IPA candidates. Throughout our extensive training, we face challenges that increase our need for an international structure like IPSO. We seek not only to avoid isolation in our psychoanalytic endeavors but also to experience ourselves as part of a much larger global community beyond our local associations. As candidates, we navigate the complexities of our psychoanalytic journeys while also balancing personal and family life, alongside the broader challenges of pandemics, wars, and economic crises.

My name is Deniz. I hold a double major in Psychology and Sociology, an MSc in Counselling Psychology, and an MA in Clinical Psychology with a focus on Adult Psychoanalytical Psychotherapy. I have trained in Turkey, Denmark, and the UK. My clinical work is primarily rooted in long-term psychoanalytic work with adults, but I have also worked with children, adolescents, families, couples, and LGBTQ+ individuals, as well as in short-term and crisis intervention settings. I have taught courses on psychoanalytic theory and clinical psychology at universities, written, translated, and presented psychoanalytic papers. In addition to my academic and professional development, I have been deeply engaged with music, painting, acting, and dance.

Some time ago, I relocated from Istanbul to Sweden, driven by systemic challenges and the need to rebuild a sense of security. Since settling here, I have been learning Swedish alongside others who, like me, have had to leave their homes due to both local and global crises. IPSO meetings have been a profound way for me to experience this international connection with people who share a common psychoanalytic language, values, passions, and challenges. Wherever we are in the world, IPSO's ability to foster a sense of belonging to a greater worldwide community is incredibly powerful.

As the IPSO Representative for my association, I led my committee in organizing 20 IPSO events with theoretical, clinical, and social components including study days with well-known training analysts such as John Steiner, Sverre Varvin and Stefano Bolognini; psychoanalytic author interviews; psychosocial support groups, a joint study with IPSO India across two countries/societies; and a 3-day international candidates' conference. We worked to strengthen collaboration between the two IPA societies in Turkey, culminating in the organization of the

28th Annual IPSO Conference in Istanbul with the theme of “*A Shattered World: Echoes of the Unspoken in Psychoanalysis*”. We focused on every detail to make it a memorable experience. I have announced and shared these events and experiences on our social media (@ipsoipd Instagram) which has increased the interest and participation not only among candidates but also among others interested in psychoanalysis. This experience was invaluable in further developing my leadership, teamwork, and organizational skills.

If elected as the next IPSO President, I will continue strengthening IPSO’s evolving structure by implementing key improvements that enhance communication, inclusivity, and engagement among candidates. My goal is to further develop IPSO as a space that fosters both connection and the production of psychoanalytic work, ensuring that candidates feel both supported and actively involved.

Language is one of the most crucial aspects of connection. I envision IPSO becoming even more inclusive by ensuring that each society’s language has a place within it. This includes encouraging the translation of key documents into all associations’ languages and supporting the establishment of language representatives and translating IPSO’s yearly reports into local languages. Strengthening communication between local representatives and the IPSO Executive Board by arranging online and physical meetings, and encouraging and leading local gatherings will be a priority, as deeper connections will allow for more effective engagement with all candidates. Additionally, I aim to improve digital accessibility to keep everyone informed and enhance participation.

Revitalizing and a strong sense of togetherness are essential. As Stefano Bolognini highlighted in Istanbul IPSO Study Days “*Being an analyst is a lifelong developmental process and no one should experience it in isolation*” (November, 2024). Similarly, Christoph Walker stated, “*Being in a position of responsibility and function is important - to listen and to engage*” (EPF Candidates’ Seminar, Brussels, February 2025).

If elected as IPSO President, I will remain committed to creating a space where candidates feel a true sense of belonging—a productive, inclusive, and vibrant environment that supports both professional and personal growth.

Sincerely,

Deniz Coşan Arman