

# INTERNATIONAL PSYCHOANALYTICAL STUDIES ORGANIZATION ORGANISATION INTERNATIONALE DES ETUDES PSYCHANALYTIQUES INTERNATIONALE PSYCHOANALYTISCHE STUDIENORGANISATION ORGANIZACIÓN INTERNACIONAL DE ESTUDIOS PSICOANALÍTICOS

www.ipso-candidates.org.uk

### New Newsletter No 1

2010

## I. Introduction by the President



Luisa Marino

Dear IPSO members,

Welcome to our July-2010 Newsletter. So much has been accomplished this semester!

We met as usual last January 2010 for our yearly business meeting where we took over past duties and started all the new activities we will have to carry on in the next years. Every IPSO executive committee as well as those of many other Institutions has its characteristics, but I would like to say that each of us who took this hard challenge to carry on an institutional position even during the well known full time job as candidate/psychoanalyst in

in

training, may claim to have this so called "passion" for the same object/subject: psychoanalysis (thanks to our Editor Denise). This is why it is still a pleasure to keep working together for candidates' benefits even through hard times.

After January, there have been meetings, seminars, all kind of opportunities to connect or disconnect from our daily routine and engage in lively discussions about psychoanalysis, institutions, training and of course about our personal and professional development. This is why I invite you all to read about our activities directly from the local people who happily as well as "passionately" made it happen. Our regional Vice Presidents have prepared wonderful reports about all the activities IPSO has supported and participated actively and about those that are yet to come.

Also, I wish to highlight some recent IPSO institutional co-operation with IPA – thanks to the IPA/IPSO Relation Committee too. We had the opportunity together with IPA and President Prof. Charles Hanly to suggest six IPSO members to be appointed to some IPA Committees. And this has been successful! This process that other predecessors had already started, is very complex and delicate as we are much aware of the difficulties in balancing the possible/impossible integration and our need as candidates to learn from experienced colleagues.

Nevertheless, our engagement in institutional life is yet another way to be active in our professional careers, to be productive and creative, and to help promote knowledge and interchange, strengthening our professional identity. We hope that our experiences in IPSO will be transmitted on future institutional life within our psychoanalytical organizations, giving continuation to the history of the psychoanalytical movement itself.

In fact, history itself has its importance and therefore we are please to announce the celebration of 40 years of IPSO. While many changes have happened in this field, candidates have been progressively involved in those changes. There are many reasons to celebrate our anniversary and we are planning some surprises to highlight this date. 40 years may be few for an institution and we think it is also important to join IPA activities which celebrate their 100th anniversary.

Our next steps: IPSO has been kindly invited to contribute in warmly welcoming Chinese candidates during the first Asian Conference in Beijing, October 22-24, 2010. North American Vice President Drew Tillotson will tell us more in his report here. We will also present IPSO during the next FEPAL OCAL Congress in Bogotá (see Adela and Sylvia's report). Finally, we look forward to receiving your paper submissions for IPSO panels and your wish to present cases during the International supervisions with senior analysts during the next IPA/IPSO Congress in Mexico City, August 3-6 2011! Don't forget the joint IPA /IPSO Tyson Prize and II IPSO Writing Award! The Call will be out next September 2010!

We will tell you more through the Newsletter. Please enjoy our news!

Luísa Marino

Comments to: <a href="mailto:IPSO-President@ipso-candidates.org.uk">IPSO-President@ipso-candidates.org.uk</a>

#### <u>II. Europe</u>



Eva Reichelt

Holger Himmighoffen

These last six months have been full of various fruitful IPSO experiences. Firstly, the IPSO European meeting took place in Barcelona in mid February. In the end of February Eva Reichelt (IPSO Vice President for Europe) attended the Winter School of the Psychoanalytic Institute of Eastern Europe which took place in Vilnius/Lithuania. You will find some information from one of our Southern Russian IPSO members, Alexej Koryoukin, about the activities which he and his colleagues organize in his region. In London many of us gathered again during the conference of the European Psychoanalytic Federation (EPF) in the end of March.

Furthermore there were several regional IPSO activities, such as the IPSO event in Moscow or the initiative of Italian candidates to implement an IPSO programme during the conference of their society, both took part in May. Below you will find detailed reports about these events. Last but not least, we are very glad to announce that IPSO has spread in Europe and that we have several new IPSO Representatives.

# 1. The XVI. European IPSO Meeting 2010 took place in Barcelona/Spain from February 12-14, 2010.

The topic of the meeting was 'The Candidate's Identity and the Psychoanalyst's Identity today'.



Over 60 candidates from all over Europe (Denmark, Finland, France, Germany, Greece, Holland, Israel, Italy, Spain, Sweden and Switzerland) plus two colleagues from Mexico (Norma Garcia, president of OCAL, the organization of candidates of Latin America) and Japan (Takashi Okudera) enjoyed an inspiring and lively atmosphere from Friday afternoon until Sunday with several paper presentations and discussions, case presentations and peer group supervisions at the "Residencia d'Investigators" located in a guarter nearby the famous "Ramblas" of Barcelona.

We are very thankful to our colleagues from the Barcelona Institute of Psychoanalysis (Mark Dangerfield and Itziar Fernández - the IPSO Representatives - and Marta Areny, Dolores Cos, Esther Domingo, Nuria Esqué, Teresa Ferret, Sergio Martín, Francesc Pareja, Miquel Perlado and Pilar Villanova) for organizing

this inspiring and memorable meeting so perfectly.

After welcoming words and introductory remarks by the Barcelonian IPSO Representatives Mark Dangerfield and Itziar Fernández, the next welcoming speakers were Antonio Pérez Sánchez, the President of the Spanish Psychoanalytical Society and Antònia Grimalt, the Director of the Barcelona Institute of Psychoanalysis. Antonio Pérez Sánchez encouraged us to find our own specific way of becoming and being an analyst. Antònia Grimalt explained us among other topics how the training in Barcelona is organized. After some welcoming words from Eva Reichelt (IPSO Vice President for Europe, Berlin, Germany) there was the first paper presentation by Manuel Martinez (Madrid, Spain): "Blood brothers, wet-nurse brothers" referring to Bible topics like Cain and Abel which was discussed by Micha Brueck (Heidelberg, Germany). In the following presentation "The analyst's identity outside and inside the consulting room" by Jussi Kotkavirta from Finland he explained what had changed him internally after becoming a candidate: Working as a professor for philosophy for 20 years his fields of interests had



changed after he had started psychoanalytical training. He also discussed ideas of the German psychoanalyst Ralf Zwiebel in his latest publication "The fear of the psychoanalyst". Discussant of Jussi Kotkavirta's paper was Nuria Gil (Sevilla, Spain).

The second day of the meeting was opened by Timo Storck (Kassel, Germany) with his presentation "Lost in conjunction. Reflections on how psychoanalytic candidates might establish their implicit theories", which was discussed by Teresa Ferret (Barcelona, Spain). This was followed by three parallel clinical paper presentations: Emanuele Prosepe (Italy) "Alice through the looking-glass and what the analyst found there" (Discussant: Francesco Pareja, Barcelona, Spain), Roney Shapira (Israel) "The Journey Home" (Discussant: Laura Ravaioli, Italy) and Luca Nicoli (Italy) "And the struggle becomes slippery and deep. Water dreams and fantasies in analysis" (Discussant: Caroline Desportes, Paris, France). Afterwards the European IPSO Representatives meeting took place. We were about 25 people, not only Representatives but also interested persons who shared their thoughts about IPSO. Although we only had just an hour for the IPSO Representatives' meeting it was possible to mention IPSO's goals and activities and to spread the "IPSO spirit". After the IPSO Representatives' meeting and lunch the afternoon started with the paper presentation from Maria Grazia Spanò Amantea (France) "Some Thoughts on the Process of Identity of the Ordinary Candidate" (Discussant: Miquel Perlado (Barcelona, Spain). Following a coffee break there were three parallel peer group supervisions with cases from Mercedes Puchol (Madrid, Spain), Julia Zaretski (Israel) and Takashi Okudera (Japan). This day was closed with the IPSO party, which was another highlight of the meeting, that took place at the Museum for Catalan History, an old palace located at the Mediterranean seaside with dining, singing and dancing until 2 am.

The last day of the meeting began with the paper presentation of Holger Himmighoffen (Zurich, Switzerland) "Evidence for the efficacy and effectiveness of psychoanalysis and psychoanalytic psychotherapy: do we need empirical research to demonstrate it?", giving an overview of research in psychoanalysis, relevant results of outcome research and some considerations on methodological aspects in psychotherapy research as well as conclusions for future research. One major conclusion was that there is empirical evidence on the efficacy and effectiveness of psychoanalysis and psychoanalytic psychotherapy that can't be neglected. Discussant was Eulàlia Arias from Barcelona, Spain, supporting the presenter's view and presenting some findings on qualitative psychotherapy research she takes part. Then our IPSO President Luisa Marino (Padova, Italy) made us smile with cartoons and thoughts about various psychoanalysts on their search for their identity. The last presentation was by Chryssi Giannoulaki (Athens, Greece) in which she displayed her experiences during her participation in the Visiting Candidate Program (VCP) in May 2008 in New York City and the influence of this experience for her identity as an analyst.

Then after these very stimulating days it was time to say goodbye with a farewell cocktail. We had experienced again a meeting with lively personal and professional exchange and we look forward to the next meeting that will take place in Belgrade, Serbia from May 13-15, 2011. The topic of our meeting will be: "Candidates' Crossroads".

We hope to meet you there!

### 2. Experiences during Eva's visit to the Winter School of the Psychoanalytic Institute of Eastern Europe

First I would like to inform you roughly about the development and functioning of the Psychoanalytic Institute of Eastern Europe (PIEE). This institute – also known as Han Groen- Prakken Institute for Eastern Europe, in order to remind the name of the first founder - was formed in 1987 in order to expand psychoanalytic knowledge behind the iron curtain. Psychoanalysts from Western Europe travelled to several Eastern European cities and established regular seminars. It is hard for me to imagine how training analysis was possible in those times. After the Berlin wall came down, in Eastern European there was a huge interest in psychoanalysis, which had been forbidden during communism. Candidates from Eastern European countries started to have shuttle analysis in other European countries, travelling at least four times a year for two weeks to see their training analyst twice a day.

Today there are four IPA component societies in Eastern Europe in Belgrade, Czech, Hungary and Poland. Currently no provisional IPA society stems from Eastern Europe. Meanwhile five Eastern European Study Groups have been founded: In Croatia, Romania, Lithuania and two in Moscow.

Under the umbrella of the PIEE you will find candidates from the following countries: Armenia, Belarus, Estonia, Georgia, Kazakhstan, Latvia, Moldova, Slovenia, Slovakia, Ukraine and from the following three regions in Russia: Rostov on Don, Stavropol, St. Petersburg.

Since no psychoanalytic institutes exist in these countries there is a need for common training. For this purpose candidates from all the above mentioned countries meet three times a year: During the PIEE Winter Seminar, the Summer Seminar and the School for Child and Adolescent Psychoanalysis. Each seminar lasts one week. You will find further information on the PIEE website: <a href="https://www.hgp-piee.org">www.hgp-piee.org</a>

### My experiences in Vilnius/Lithuania



First it is important to know that during these PIEE seminars all training analysts, members and candidates stay in the same hotel. You have breakfast, lunch and dinner together. Everybody is always in contact with the others. Thus a very intense working atmosphere is created. In Vilnius there were 15 training analysts who mainly came from Europe, one (Gary Goldsmith) was Russian speaking from Massachusetts/USA, one (Raquel Berezovsky) came from Argentina and is the director of ILAP, the Institute of Latin America for Psychoanalysis which has similar goals as the PIEE. 85 participants attended this Winter Seminar. We were divided into eight working groups of about 10 -11 colleagues – both candidates and members – which remained the same throughout the week. Two working groups were held in Russian language.

The topic of this Winter Seminar was "Psychoanalytic relationship and real relationship". The structure of the training is the following: In the morning one of the training analysts presents a paper for one hour. After the coffee break the paper will be discussed, first in the small working groups, then again in the plenary. After lunch candidates have the opportunity to single case supervisions. I could see many working couples in the hotel lobby also already early in the morning and before or after dinner. At 4 pm the small working groups gather again for a case presentation by one of the candidates. These small working groups furnish a good working atmosphere throughout the week and thanks to this experience you may get to know your colleagues also more personally. Sometimes there is another paper presentation at 6 or even at 9 pm. So the timetable is really intense.

In the evening – after dinner – we often sat in the hotel lobby discussing. Late in the evenings the Russian candidates would start singing – there was a piano in the hotel bar, and Elina Zimina, one member from Moscow who recently graduated, knows to play and improvise beautifully.

From an ethnopsycho-analytical point of view the distribution of certificates for the participants was highly interesting. This ritual was celebrated during the Gala Dinner and Party of this PIEE Winter School. Paolo Fonda and Aira Laine, the two directors of the PIEE Board, stood there like father and mother of the huge PIEE family. Gilbert Diatkine, a really nice French training analyst, would loudly read out all names – with a very strong French accent. Everybody stood up, went like in a fashion room towards these three analysts, the others around were clapping hands.

I appreciated this slow procedure, every participant being called by his/her name.

As far as IPSO business is concerned in Vilnius we had one IPSO meeting which was attended by 20 candidates and two members. It became evident to me that IPSO's most significant and valuable offer is access to a worldwide network of IPA candidates for mutual exchange about various psychoanalytical cultures and traditions and training conditions.

People were really interested in getting more contact to Western candidates. You have to imagine: Many of these colleagues go to shuttle analysis in foreign countries for years and do not have any contact with candidates in these cities. Here IPSO can take over a really important mediation work. I would like to encourage all candidates to ask their Local Training Committees if any candidates from abroad do their training in their city – and to offer to get to know them, to meet and exchange on a personal level.

Moreover the Eastern Europeans were also very interested in taking part in the IPSO Visiting Candidates' Programme (VCP). One colleague mentioned in the end that for her IPSO up to now was something very far away, that she didn't feel "belonging to those from the West", and explicitly expressed her wish that in future other IPSO members will attend the PIEE Summer or Winter Seminars and exchange experiences.

The director of the PIEE, Paolo Fonda from Trieste, Italy, agreed that the PIEE will take part in the VCP and in exchange will accept candidates from the West to attend the PIEE Winter/Summer or Child Seminars. In fact there was one candidate beside me from a non-Eastern European country, Anurag Mishra, our IPSO representative from India, who also took part in this Winter School. Moreover two members from Italy had already participated several times in PIEE seminars and explained to me that they appreciated the constructive working atmosphere there.

So here are the dates for the coming PIEE seminars:

Summer Seminar in Odessa, Ukraine, from Aug 28 - Sep 3, 2010

Seminar for Child and Adolescent Psychoanalysis in Bled, Slovenia from Oct 2-9, 2010

Winter Seminar in Tallinn, Estonia, from Feb 19-25 (Topic: Psychosomatics).

Contact: Paolo Fonda, Director of the PIEE: fondapav@tin.it or Aira Laine, Vice Director: Laine.Aira@Kolumbus.fi

In case you would like to get more information please don't hesitate to contact me <a href="mailto:IPSO-Europe@ipso-candidates.org.uk">IPSO-Europe@ipso-candidates.org.uk</a>

### 3) Contribution by Alexej Koryoukin, Stavropol, Russia

In February 2010 in Vilnius, Lithuania, we had a meeting with Eva Reichelt, Vice-President of IPSO for Europe. That was an interesting and mutually enriching discussion. We found out that there were two interesting yet not well interacting communities of IPA candidates in Europe: East-European and West-European. There is a number of objective historical and cultural reasons explaining the existence of these two isolated worlds. However, the situation is changing and this mutual interest may go up resulting in mutually beneficial contacts. In order to bridge the two civilizations we are happy to present to the IPSO community this little profile of our professional community and its activities in our region.

Stavropol is located in South Russia, just half way between the Caspian Sea and the Black Sea. This is a warm town and on clear days it provides a view on the highest peak of Europe – the Elbrus.

Just like anywhere else in Russia, during the times of the Soviets, there was no psychotherapy in the European meaning of this word. Since the Soviet Union collapsed various psychotherapeutic thoughts have come to Russia. Various psychotherapeutic schools started exporting their ideas to Russia. And Stavropol was quite fast in picking psychoanalysis out of that countless number of things. This is not so in other parts of Russia and in each region psychotherapy has taken its own way to evolve.

We have managed to establish a viable professional organization uniting people interested in the development of psychoanalytical movement. Then, in 1995, we did not realize that the name of the organization "Stavropol Regional Psychoanalytical Association" was somewhat too ambitious. Our psychoanalytical organization has got no single psychoanalyst yet, yet we have already got three IPA candidates, two of them also being IPSO members. We know that usually IPSO functions at psychoanalytical component-societies of the IPA. But in our case it is different. We are the first generation of psychoanalytical specialists, and we ourselves have to take care of our professional life. Here I must say that, apart from obvious problems, such a condition also provides certain benefits.

We are rather free in terms of choosing the types and ways of arranging our professional events. We have been able to enjoy both that freedom and the support provided by the specialists from the Han Groen-Prakken Psychoanalytic Institute for Eastern Europe, as well as our colleagues from central Russian cities, i.e. Moscow and St. Petersburg. Apart from an exciting professional activity for professionals involved in the public sector both in Stavropol and in the nearest towns, we also arranged regular major events that are popular among many colleagues, both from Russian and abroad.

The first event is the Annual International Festival of Practical Psychology and Psychotherapy "Christmas-Tide Meetings" (<a href="www.sviatky.ru">www.sviatky.ru</a>). The name of that suggests that this 5-day-long event is held regularly on the days after the Orthodox Christmas (January 8-13), and it brings together representatives of various professional streams. This is an arena where a new (for Russia) professional culture is shaped, an arena where psychoanalytically-oriented specialists meet their colleagues and those who represent other directions within psychotherapy. This is a festival for the representatives of developing modern mental health service as well as for our friends from abroad. Lately the festival has been held at the Black Sea, in the city of Sochi, and its programme combines both professional and personal communication.

Another event is the Annual May Conference with the purpose of being an arena for meetings and discussions held by psychoanalytically oriented specialists. This year the theme of the conference was "The Dimensions of Psychoanalysis. Search for a Place in the Psychoanalytical Space". It brought together around eighty specialists from Russia. The key-note speaker was Horst Kaechele, a professor from Ulm, Germany.

We are separated by the distance yet there is a lot of common, which allow specialists from two different worlds meet each other. Such meetings always hold a lot of interesting discoveries for us, and we will be happy to meet you at our events known for their warm and creative atmosphere. We offer translations into English.

Alexey Koryokín, IPSO member, Stavropol, Russia

### 4) IPSO Programme during the conference of the European Psychoanalytical Federation (EPF) in London

From March 25-28, 2010 the EPF held its 23. Conference in London. 133 analysts-in-training attended this conference, not only from Europe, but also from Canada and Venezuela. The topic was "Passion, Love and Sexuality". Meanwhile more of the EPF Working Parties are open for candidates which is a real step forward. These Working Parties offer an insight into intensive discussions among members about topics such as "Initiating Psychoanalysis".

During the IPSO part of the programme Anne Patterson, our IPSO representative from the British Psychoanalytical Society, welcomed us warmly. Shawn Tower took over to say welcoming words on behalf of the British Psychoanalytical Association. Michael Brearley, the President of the British Psychoanalytical Society, provided us with a really very interesting speech about the history of his society, thoughts about the various controversies in the past decades and particular aspects of today's training such as the frequency question (training analysis and treatment have both to take place five times a week).

Afterwards Katy Bogliatto, our Belgian IPSO representative from Brussels, gave the opening lecture: "Betty's Quest through the Labyrinth – An Adolescent's Complex Search for a Love Object Choice in a Homosexual Parental Environment". Gearoid Fitzgerald from Leeds, UK, discussed her paper.

During the first IPSO supervision Anne Patterson from London presented a case supervised by Paul Denis, Paris, France. Eva Reichelt, IPSO Vice President for Europe from Berlin, Germany, moderated the supervision.

The next day Maja Guberina from Paris, France presented her case to Georg Bruns from Bremen, Germany. This supervision was moderated by Luisa Marino, our IPSO President from Padova, Italy.

On Saturday Claudie Dufétel from Paris, France, presented a case supervised by Rosine Perelberg, London, UK. Christof Zedrosser, the IPSO Representative from Vienna, Austria, was so kind to moderate.

Esther Horn from Tuebingen, Germany, presented her case to Catalina Bronstein, London, UK. Holger Himmighoffen, our IPSO Vice President-elect from Zurich, Switzerland moderated this supervision.

All candidates who presented a case for supervision expressed their satisfaction with their experience in it. We had supervision groups of about 12–25 candidates, and it was amazing how quickly a constructive working atmosphere could be created

In the evening Josh Cohen, our former IPSO Rep from London, had organized a special event for our IPSO party: First we had buffet dinner in a Jazz Club somewhere in the North of London and later listened to the jazz saxophone legend Dave Liebman who had performed with Miles Davis before. It was much fun going to and from this place by taxi which we shared with several colleagues from various countries. So already the trip by taxi transmitted the IPSO spirit.

The next conference of the European Psychoanalytical Federation will be held in Copenhagen, Denmark, from April 13–17, 2011, with the topic: "Anxiety and Methods in Psychoanalysis". This title refers to a book by the French

ethnopsychoanalyst Georges Devereux who has Hungarian roots ("Anxiety and Methods in Behavioural Sciences"). Our Danish IPSO Representative, Britta Lundsgård from Copenhagen, has been so kind to offer to hold the opening lecture of our IPSO programme. Her paper has the working title: "Anxiety, Identity and Loss". We are very curious and looking forward to meeting many of you there.

Eva Reichelt

### 5) IPSO event in Moscow

On **May 9<sup>th</sup>, 2010** an IPSO Event was held in Moscow, Russia, as a part of the third international conference "The Psychoanalyst at Work". It is a conference organized by the International Journal of Psychoanalysis and the Moscow Psychoanalytic Society (IPA Study Group). More than 30 candidates from both Moscow IPA study groups and from the Han Groen-Prakken Psychoanalytic Institute for Eastern Europe took the advantage to participate in the special IPSO programme.

This time the programme was more expanded in its scientific part. Dr Tamara Stajner-Popovic (Belgrade, Serbia) presented a paper "Another world?" The discussion of the paper raised controversial issues and stimulated further thinking on the topic. The clinical part of the programme was the supervision of an analytic case presented by Marina Muchnik, a candidate of the Moscow Psychoanalytic Society. The supervisor was Dr Henry Smith (Cambridge, USA) whose comments and remarks on the case and the group's discussion were helpful and inspiring.

This IPSO Event was closing the conference, and in general it maintained a kind of tradition for the local candidates to have a chance to meet each other and to share the training experience.

We hope to see you during the next IPSO Event in Moscow!

Gil Son I, Moscow IPSO Representative

### 6) IPSO event in Italy

In Taormina from 25th to 31st May 2010, the Società Psicoanalitica Italiana hosted an IPSO Session for its XV National Congress. Stefano Bolognini, President of the SPI, welcomed us and Luisa Marino opened our sessions. Our Italian candidates presented very interesting theoretical-clinical papers: Daniela Linciano spoke about a patient who spent the entire session talking at a call conference at his mobile phone, while Cristina Bertogna and Margherita Comazzi gave us the chance to think about candidates' questions about IPSO. The rest of the time we enjoyed the supervision of Serge Frisch (President of the Belgium Society) to the clinical case presented by Valentina Nuzzaci and of Anna Nicolò (SPI) to the case presented by Anna Berardi. The supervision with Claudio Eizirik (Past President IPA) to the case presented by Paola Vizziello attracted many Italian candidates who don't speak English well, and it came out an *italenglish* speaking group which proves that the will to communicate and to share emotions and thoughts can break the barriers of language.

During this event we had the pleasure to announce, as we are doing now to you, that **on February 26th 2011 the First Italian- French Candidates' Meeting will be held in Bologna** in which our French colleagues will present their clinical cases to Nino Ferro and Stefano Bolognini (SPI); we will let you know by the IPSO mailing list all the details to participate.

Laura Ravaíolí, Luca Nícolí, IPSO Italian Representatives

### 7) New European IPSO Representatives

After these various activities we are really pleased to announce that IPSO has spread in Europe.

We are grateful that the following colleagues took over to become new IPSO Representatives and help to establish IPSO in their societies:

Khatuna Ivanishvili, Georgia (PIEE)

Tímea Kardos and Anna Mária Hansjürgens, Hungary (Hungarian Psychoanalytical Society)

Hana Abdel Malek, Lebanon (Lebanese Association, Study Group)

Camelia Ovezea and Simona Chiru, Romania (Romanian Psychoanalytical Society)

Sasa Rojc, Slovenia (PIEE)

Helen Dalton and Catherine Pearce, UK (British Psychoanalytical Association, London)

Aleksandra Mirza, Ukraine (PIEE)

And from already existing IPSO societies we are glad to welcome new IPSO Representatives:

Beate von Luxburg, Germany (Deutsche Psychoanalytische Gesellschaft – DPG)

Alexandra Coimbra and Rui Bento, Portugal (Portuguese Psychoanalytical Society)

Ekaterina Loskoutova, Stavropol, Russia (PIEE)

Srdja Zlopasa, Serbia (Belgrade Psychoanalytical Society)

Tomasz Fortuna, UK (British Psychoanalytical Society, London)

We would like to thank all of you for your commitment – and hope to meet you: In Belgrade, Copenhagen or in Mexico City respectively during one of the regional IPSO activities.

Eva Reichelt

Holger Himmighoffen

Comments to: IPSO-Europe@ipso-candidates.org.uk

### III. Latin America





Sylvia Pupo

Valeria Nader

This year IPSO has seen an important boost in Latin-America. Having an Argentinean President Elect as Valeria Nader has been and will be positive for IPSO. Also Sylvia Pupo's presence as Vice President Elect helps Brazil through it's members to work closely with our organization. Synergies continue with Deysi Boscan as Vice President Elect for North America, she is resident in San Diego, CA but comes originally from Venezuela. Latin-American presence in IPSO is very strong. The new IPSO Board will be renewed in 2011 during the next IPA/IPSO Congress in Mexico, if you are interested in becoming one of us please follow our next bulletins.

Thanks to the work that begun with our past board we are now closely connected to CAAPSA (North-American candidates organization) which gives us a "welcome" feeling. Norma Garcia's (OCAL's President) strong management has been beneficial to the region too. Congratulations for all the hard work and results!!

We are trying to build new relations with Latin-American candidates who have not been linked to IPSO in the past: these are candidates from Panama, Bolivia and Honduras. It is our hope to build a bridge that facilitates an exchange with these brave colleagues to overcome additional difficulties that sometimes training brings. We owe them our warm feeling and strength!. Eva Reichelt (IPSO Vice President for Europe) met Raquel Berezovsky (ILAP's Director) at the meeting in Vilnius, Lithuania. She then passed the contact to IPSO Latin-American colleagues to continue the work. Valeria Nader (IPSO President Elect) met Raquel in Rosario, Argentina during a Congress and discussed options on how to create the link with colleagues in ILAP. We are confident there will be news about this soon!

We welcomed lots of new candidates in Latin America this year. Talks with some colleagues from different countries show that we get pleasant and surprising results by been actively involved in their training... as we say they get the IPSO spirit. Presenting scientific work in other institutes is a crucial step in their professional growth and how they feel about their psychoanalytic training. There is a need to make a bigger effort and probably to confront situations that are different on their own environment. Going out to a different environment make us think, accept what is different and extend our understanding of reality. Insights out of the consulting room to make contact with people from distant latitudes and experiences while similar at the same time. Thus we are making way ...

I am listing here the names of IPSO representatives that we have met lately and their Institutes;

Leonor Oncina Uruguayan Psychoanalytical Association Institute (Uruguay)

Alicia Castellano Institute of the Cordoba Psychoanalytic Society (Argentina)

Germán Wohlwend Rosario Psychoanalytic Association (Argentina)

Rosa Schenkel Buenos Aires Psychoanalytic Association (Argentina)

Diego Luparello Argentine Psychoanalytic Association (Argentina)

Luisa Acrich Argentine Psychoanalytic Society (Argentina)

Lastly, we are working in the organization for IPA/IPSO Congress in Mexico in 2011, we have the great support of our colleagues in Mexico. Hopefully there will be a good response from IPSO members. We will keep you informed about the Congress progress.

Those friends and IPSO Reps. that have given us their support so far are: Maricarmen Gonzalez-Mexican Psychoanalytic Association, Alejandro Beltran-Mexican Psychoanalytic Society, Maria Paz Arellano-Psychoanalytic Association of Guadalajara.

Leave you for now wishing you the best for 2010.

Adela Escardó

Dear IPSO friends, greetings from Latin America!

We have the pleasure to announce IPSO's participation in the XV OCAL's pre-Congress in Bogota, Sep 22<sup>nd</sup> 2010. Norma Garcia, Ocal's president, kindly invited us to participate in the closure panel. IPSO will join the lunch sponsored by OCAL for all candidates participating in the Pre-Congress in which IPSO will raffle one free registration for the IPSO/IPA Mexican Congress in 2011. This joint venture IPSO/OCAL is the result of the collaborative work between these two pro-candidates organizations, enhancing IPSO spirit of interchange and diversity. The program is very interesting as well as the "Working Groups", open for candidates. Elections for the new OCAL president will take place at the time. IPSO members, who wish to pay their dues, get more information, or meet us, are invited to visit the IPSO booth at the Congress. We hope to see you all there!

Other good news for Latin America was the appointment of Michael Harald Achatz (SBPSP, Brazil) for the IPA United Nations committee. We celebrate his appointment as a positive result of IPSO's effort to increase candidate's participation initiated by our former Ex-Com. We would like to thank them for this accomplishment and wish all the candidates appointed success in their work. Those who wish to know more about these committees, please access www.ipa.org.uk

Last, but not least, I am happy to share with you the names of our most recent IPSO representatives in Brazil: Julia Nosek from SBPS (São Paulo), Lucas Santos from the Psychoanalytical Study Group of Minas Gerais, Lannusa Castro from the Psychoanalytical Society of Brasilia and Nyvia Sousa from the Psychoanalytical Society of Porto Alegre.

We would like to welcome and thank them, as working pro-candidates and making connections is the way to keep IPSO alive.

Warm greetings,

Sylvia Pupo Netto

# XIII FEPAL Institutes Meeting "Analytic training and the Institution" March 26 - 27 - 2010 - Buenos Aires - Argentina

Preparing for the next Latin American Psychoanalytic Congress which will take place in Bogotá - Colombia, FEPAL Education committee, organized an interesting activity addressed to members and candidates. We worked in small groups and in bigger panels. The discussing focused on analytic training, seminar programs, differences and similarities among training Institutes, and the need for a permanent deep reflection about these topics.

As a candidate, it was enriching to exchange ideas with Institutes' Directors, training supervisors and analysts and other candidates. Besides, three supervisions were held, in which three candidates presented case materials: Rosa Schenkel (ApdeBA), Laura Yaser (APA) and Silvia Chamorro (APA).

These interesting experiences will continue to be developed during the Training Pre-Congress in Bogotá, 22nd September, 2010. The theme will be: "Analytic Training and the current clinical practice".

The meeting was held in the Argentinean Psychoanalytic Association, which is the oldest of all Argentinean Psychoanalytical Institutions. Their members and candidates welcomed us warmly, encouraging active participation by all of those joining this meeting. To all of them, many thanks!

# <u>VIII Argentinean Psychoanalytic Congress "Power, Madness, and Culture"</u> May 27 - 30 - 2010 - Rosario - Argentina

Dear colleagues, the Argentinean Congress, held in my home town of Rosario, was a complete success! There were six hundred analysts from all over Argentina. Some analysts from neighbor countries such as: Brazil, Peru, Uruguay, and even some students from Venezuela! There were paper presentations, central panels, workshops, and some free interdisciplinary forums which were open to general public. These forums were attended by a large audience which made the discussions even more interesting. Among the different professionals involved, the speakers were: analysts, a Criminal Court Judge, Philosophy Professor, Linguists, Literature Professor and the Minister for Culture of Santa Fe State.

We, candidates, had two different activities during the Congress. 60 analysts in training participated, all from Argentina, except for the presence of two wonderful colleagues from Uruguay.

The first activity consisted in a peer supervision, with the participation of different candidates from various IPA Argentinean Associations. The chair was Rosa Schenkel (Buenos Aires Psychoanalytic Association). Andrea Lanzarotta (Rosario Psychoanalytic Association) presented the case material and there were three candidates who did their comments: Diego Luparello (Argentinean Psychoanalytic Association), Maridel Cantelli (Argentinean Psychoanalytic Society) and Roberto Guerrini (Mendoza Psychoanalytic Association).

The second activity was a workshop about "Candidates at Institutions: belonging or a passage?". In small groups during an hour and a half we discussed IPA training, candidates' participation in IPA, the seminar programmes at their Institutes, Congresses' activities, possible obstacles, differences among Institutes, just to name some topics and then, we exchanged the experience among all the candidates present.

I would like to thank all the ones who were there for their participation and also, the Local Arrangement Committee and their candidates for all the tough work done which made things worked out in such good way! THANKS A LOT!

### <u>VI Congress and XVI Conferences APU: "Contemporary Psychoanalytic Challenges"</u> August 19 - 21 - 2010 - Montevideo - Uruguay

I'm glad to inform you that to follow with the interest of thinking deeper about the psychoanalytic training, candidates from the Uruguayan Psychoanalytic Association, will organize a Candidates' PreCongress on August 19th, 2010.

There will be clinical workshops during the morning about: Virtual Reality and fantasy world. New technologies" and "Cultural Changes, upset with the analytic function". In the afternoon, there will be a workshop concerning the analytic training: "Psychoanalytic Identity Construction"

The Uruguayan colleagues have kindly invited us and they could also provide accommodation for those who need.

For further information, you could visit this webpage: <a href="www.apuruguay.org">www.apuruguay.org</a> or please, contact the Uruguayan IPSO representative: Leonor Oncina <a href="mailto:oncina.leonor@qmail.com">oncina.leonor@qmail.com</a>

Valería Nader

### Comments to: IPSO-LatinAmerica@ipso-candidates.org.uk

### IV. North America





Deisv Boscán

Dear IPSO Colleagues:

From North America, I wish to update you on activities since our last newsletter, and make you aware of future IPSO activities involving North American IPSO members.

We held our annual Discussion Group on Wednesday, January 13th, 2010 during the Winter Meetings of APsaA in New York City. Eva Reichelt from Berlin gave us a very thoughtful and evocative presentation, "The Delight of Being Enraged: Considerations of Narcissistic Conflicts and the Utilization of Reproach and Masochistic Desire." Our candidate discussants this year were Valeria Nader (Rosario, Argentina), Holger Himmighoffen (Zurich, Switzerland) and Debra Zatz (Washington D.C., USA). Eva gave us powerful ideas and case vignettes in her paper, and Valeria, Holger and Debra gave equally compelling discussions.

As is our custom, we opened this up for a large audience discussion and again had an IPSO experience: different ideas from different psychoanalytic cultures coming together in synergy.

In other news, IPSO was invited and will participate in the IPA Centennial event, the first IPA conference in China, in Beijing, October 22-24, entitled "FREUD IN CHINA, Evolution and Change: Psychoanalysis in the Asian Context." We are pleased and honored to be invited to this event by the IPA China Committee, and celebrate this historic collaboration both with our Asian colleagues and the IPA. IPSO will host three events at the congress. Friday, October 22, we will have an IPSO Presentation, "All About IPSO: History and Mission," which will give an overview of IPSO for members as well as our mission and information on the upcoming IPA Biennial 2011 Congress in Mexico. On Saturday, October 23, IPSO will host a Paper Panel. We are delighted that our Discussant will be IPA Past President Claudio Eizirik (Porto Alegre, Brazil). Two papers will be given by two North American candidates Liu Yiling (Beijing) and myself (San Francisco) and discussed by Dr. Eizirik. Finally, on Sunday, Oct. 24<sup>th</sup>, we will host one of our traditional IPSO Discussion Groups. Given the auspicious nature of this event, we have invited IPSO North American member Wang Qian (Beijing) to present a paper. Her discussants are 2 North American candidates, Takashi Okudera (Tokyo, Japan), Myoung Hwan Choi (Seoul, South Korea) and 1 European candidate, Luisa Marino—IPSO President (Padova, Italy). We hope you will join us in China for this historic event, a first for IPSO!

From Canada: I have asked Marco Posadas, our trusted IPSO Representative from Toronto, to bring IPSO news to as many Canadian institutes as he can. Marco is a 2<sup>nd</sup> year candidate at the Toronto Psychoanalytic Society & Institute, a branch of the Canadian Psychoanalytic Society. Having spoken with him and knowing there was a Canadian Society meeting in early June, I asked him to inform candidates of opportunities to present in Mexico 2011. Marco sends me news that during the Canadian Psychoanalytic Society Annual Meeting (June 3- 7, 2010), at the candidates' business meeting, it was decided by consensus that Marco will represent and coordinate the Canadian Candidates Organization. This initiative has the objective to start a reliable and solid organization that provides support, effective communication and representation for Psychoanalyst Candidates in training in any of the branches of the Canadian Psychoanalytic Society (across Canada). Marco will be working in close contact with other candidates and full members at the CPS to start building the Canadian Candidates Organization. Marco will be a great asset to IPSO in helping Canadian candidates to become more actively involved in IPSO, and we are grateful for this enthusiasm and support.

Before I close, I want to give you some "un-official" news because the details are still in process. Debra Zatz, our wonderfully dedicated IPSO Representative for the New York Freudian (Washington DC) has shown great enthusiasm in being willing to plan and host our next IPSO North American event. This will be only our second event in IPSO history, but Debra and I are in the initial stages of organizing a 2 day event in the Spring of 2011, most likely early April, in Washington DC. Watch IPSO's webpage and look for email from the IPSO-English E-list for more specific details as they emerge. This will be an exciting opportunity to meet in the U.S. historic nation's capital for a weekend with an esteemed senior analyst (possibly from Latin America!). We appreciate Debra's ongoing enthusiasm and dedication to IPSO and our mission!

I wanted to end by reminding you of our IPSO Visiting Candidate Program (VCP) that offers candidates the opportunity to do mini "study-abroad" programs in cities virtually all over the (psychoanalytic) world. Please check the VCP section in this newsletter or contact the Vice President-Elect for North America, Deisy Boscan at <a href="mailto:IPSO-NorthAmerica@ipso-candidates.org.uk">IPSO-NorthAmerica@ipso-candidates.org.uk</a> for more information.

Warm regards from San Francisco,

Drew Tillotson

Comments to: IPSO-NorthAmerica@ipso-candidates.org.uk

### V. Treasurer's-Report



Amelia Casas

Dear IPSO members,

Since our board meeting in New York, last January, I started to get acquainted with the numbers and with the process of collecting dues for our organization. It is a pleasure for me to see that our numbers of participants are increasing.

We had an increase in absolute numbers and also in the number of different countries represented by candidates from different psychoanalytic institutes, that are now, part of IPSO. This is the result of a constant outreaching done by past and current Excom members, Ipso representatives, and by all members that are reading us right now and thus, helping in this process.

Very soon I will be able to present a detailed overview of who and where our IPSO members are distributed over the world. The dues collected are important to help support IPSO programs such as conferences and congresses, the VCP program, web site and online information. It is important to say that we are a non-profit organization based on volunteer work. Nonetheless we need to fund a minimal infrastructure.

We are starting to prepare for 2011 IPSO congress in Mexico, it will be a great opportunity for me to present to all IPSO members a detailed result of our work. If you wish to know more about dues and funds please contact me at anytime.

Amelía Casas

Comments to: IPSO-Treasurer@ipso-candidates.org.uk

### VI. Editor's Report



Denise Salomão Goldfajn

Greetings to all IPSO members,

Since our Executive Committee meeting in New York, last January, we approved a budget to improve our website and thereby establish a better contact with our members, this project is coming out soon. We re-designed our Newsletter with the intent to become closer with all of you and update all the activities IPSO is organizing around the world. In order to follow IPSO's schedule we edit our annual calendar called "IPSO at a glance" (click here to see it). Our next goal is to publish articles submitted by the candidates at meetings held among all regions. We wish to disseminate scientific contributions written by our members. I would like to remind everyone to be updated with their dues in order to publish their contributions in our website.

We are glad to inform you that we began to organize the next International Congress of IPSO to be held in Mexico City, on August 2011. We will have our IPSO congress in conjunction with the IPA Congress, as usual. The 47<sup>th</sup> International Psychoanalytic Congress organized by IPA is entitled: "Exploring core concepts: Sexuality, Dreams, and The unconscious". We had already sent out the "call for papers" with all the guidelines for submitting proposals (click here to see it). This is a very special occasion for us, IPSO will celebrate its 40<sup>th</sup> anniversary and we want to celebrate this important date at the congress as well.

We will update you through our e-lists as we go along with the preparations for all IPSO events. Stay in touch with us! Denise Salomao Goldfajn

Comments to: <a href="mailto:IPSO-Editor@ipso-candidates.org.uk">IPSO-Editor@ipso-candidates.org.uk</a>

### VII. Secretary's Report



Karina Gutierrez

This first semester has been very productive, we have updated IPSO lists with new members and contact details for all our candidates, we are currently working on a project to keep our E-lists up to date and have contacted all our REPS to ask for their support on this important task, for more details on this please contact your IPSO representative.

The latest version of the roster is available on IPA's website <a href="www.ipa.org.uk">www.ipa.org.uk</a> by login with your personal ID and password you can search contact details for colleagues around the world. If you have not received your ID or Password please send a request to <a href="mailto:IPSO-Mail@ipso-candidates.org.uk">IPSO-Mail@ipso-candidates.org.uk</a>

**PEP web**; I would like to remind you about IPSO's special arrangement for Candidates to receive highly discounted access to the PEP Archive at <a href="www.pep-web.org">www.pep-web.org</a> This Archive contains the complete FULL TEXT of 34 premier journals in psychoanalysis (1871-2006), 56 classic psychoanalytic books, and all 24 volumes of The Standard Edition of the Complete Psychological Works of Sigmund Freud. In order to subscribe at the discounted rate please send us an email to <a href="mailto:IPSO-Mail@ipso-candidates.org.uk">IPSO-Mail@ipso-candidates.org.uk</a>, this rate is available to IPSO Full Members or IPSO Non-Voting Members only.

Please contact me for general enquiries or if you have any changes on your contact details.

Karina Gutierrez

Comments to: <a href="mail@ipso-candidates.org.uk">IPSO-Mail@ipso-candidates.org.uk</a>

### **VIII. General News**



Valeria Nader

### **Visiting Candidate Program (VCP)**

Have you ever imagined travelling, meeting people with different cultures and studying Psychoanalysis at the same time?

IPSO makes this possibility come true through its Visiting Candidates' Programme.

In the past six months, 7 Institutes have asked to be included to the current list of 25 participating Institutes. These are: German Psychoanalytic Association in Ulm and Heidelberg/Karlsruhe, Belgrade Psychoanalytic Society (Serbia),

Romanian Psychoanalytic Society (Bucharest - Romania), Finnish Psychoanalytic Society (Helsinki, Finland), Psychoanalytic Institute for Eastern Europe (PIEE) and Argentinean Psychoanalytic Society (Buenos Aires - Argentina).

I have the pleasure to tell you that Chrysi Giannoulaki, from Athens, Greece, visited again the New York University Psychoanalytic Institute, in New York city, last May. Her previous experience happened to be such profitable that she wanted to repeat it. She stayed at the house of the same colleagues! That is how IPSO stimulates scientific exchanges and also friendship's bonds. As the programme promotes, Chrysi attended several seminars, had the possibility to take two supervisions and shared with her colleagues entertaining moments and interesting chats about their different ways of training. We are grateful to those who made this exchange possible.

We have another candidate who is interested in VCP. Next November, Camelia Ovezea, from Bucharest, Romania, will visit the Madrilenian Psychoanalytic Society. We hope her experience to be as fruitful as the rest of them have resulted so far.

Valería Nader

Comments to: IPSO-PresidentElect@ipso-candidates.org.uk

### **The IPSO Executive Committee**

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