

## **Mens sana in corpore sano? Second Edition**

**21, 22 and 23 July 2017**

### **Friday 21**

H 14.00 Arriving in Bella Vista (Hosteria Bella Vista, USD 35 per day, breakfast included, without meals - to book hotel please mail to: info.hosteriabellavista@gmail.com

H. 16.00 Lecture and discussion group of two selected papers

H. 20.00 Barbacue dinner

H. 22.00 Blues concert: “La Blusa” and Dance

### **Saturday 22**

#### *Morning*

H 8.00 Breakfast

H 09.00 Lecture and discussion group of two selected papers

H 13.00 Lunch<sup>1</sup> in the Hosteria

#### *Afternoon*

H 14.30 Transfer to the Sierra de las Animas. Casa Arrayana.

H 15.00 Ascent to the Sierra de las Ánimas, southeast side. It is a native vegetation path.

Estimated time: 3 hours of hiking, average slope

Recommended: Hat, sunglasses, sunscreen, 1 liter and 1/2 of water, flashlight. Comfortable flexible clothing, comfortable shoes with thick soles and socks.

H 20.00 Vegetarian dinner in Casa Arrayana, a typical house built with local materials

H 22.00 Swimming pool

### **Sunday 23**

H 7.45 Breakfast

H 8.45 Departure from the hostel

The proposal is a ascent walk of one of the foothills of the Sierra de las Animas, on the eastern slope of the Sierra, until the beginning of the magic Pozos Azules path.

The Pozos Azules are waterholes, formed near the slopes descending from the top of the hill, the origin of the name is due to the color that they get when reflecting the sky.

Estimated time: 4 hours on foot, 7 or 8 kms

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<sup>1</sup> Each meal costs USD 20 per person

Recommended: Hat, sunglasses, sunscreen, 1 liter and ½ of water, flashlight. Comfortable flexible clothing, comfortable shoes with thick soles and socks.

H 13.00 Lunch at the “Chacra La Pampa”

Chat and conclusions of the experience to be written in the IPSO website

We invite all the colleagues to submit papers about the Intimicy, relation between psyche and body, psychic movement and intimacy.

Some of the papers received will be selected to be discussed in working groups.

For submitting paper’s abstract (max 3000 characters in English and Spanish language) contact Marco de Coppi ([marcodecoppi@libero.it](mailto:marcodecoppi@libero.it))

Deadline for submission: **May 13, 2017**



Pozos Azules



Sierra de las Ánimas