



IPSO Colloquium
Our Heritage: Past, Present and
Future
30 June – 2 July 2017 Budapest,
Hungary

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WEBSITE: http://www.psychanalysis.hu/ipsobudapest_2017

REGISTRATION FORM:

https://docs.google.com/forms/d/1IEZcpiMqiB_3FrOv5rRmw0djPKEt44Y0n6njRIHcGCc

FACEBOOK: <https://www.facebook.com/events/1741401292787759/>

Dear Colleagues,

The candidates of the Hungarian Psychoanalytic Society are pleased to invite you to the next IPSO Colloquium in Budapest. We are offering a rather interesting scientific and social program. You will find lots of new information about the Colloquium

below: the announcement, the preliminary program, list of speakers and topics and a teasing paper on Budapest School. Further information – concerning hotels, venue, social events, “psychoanalytic” sightseeing tour, map, etc. – will be soon available on our website and facebook page.

Should you have any questions please do not hesitate to contact us! We are waiting for you in Budapest!

The Organisers:

Szilvia Droppa, Anna Forgách, Ildikó Linzenbold, Dóra Lőrök, Ildikó Rózsa, Katalin Zana

ABOUT THE COLLOQUIUM

The inspiration to organize a professional meeting like this came from the Viennese IPSO Colloquium (in July 2016) where we had a great time. We were enthusiastic about having the opportunity to talk freely about professional issues, meet colleagues and “refresh” a little bit in a professional environment. It was great to realise that we deal with similar problems, think alike about professional issues. We found out however that many things apparent for us Hungarians are not by all means so manifest to colleagues with different background and history.

There are customs handed down from our own training analysis and supervision (how we finish the sessions, how we welcome/show out our patients, how long summer break we take, etc.) These are partly unconsciously performed habits – we can’t notice them any more but still they have an impact on how we work.

We wish to examine thoroughly such customs “inherited” from the Budapest School. Training analysts of our Society will present plenary lectures on how the heritages of the Budapest School live on in our present clinical work and how they effect psychoanalytic theories and methods.

In workshop groups we will talk about everyday clinical “heritages” trying to define whether there really are any Hungarian specialties. We will have the opportunity to compare our work styles.

In group supervisions we wish to continue working with our main issue so we welcome cases where ‘heritage’ emerges in any way.

During the final interactive plenary session we will try to find answers together to the interesting question: how the past's heritage affects our present and how it has an impact on our future.

A dinner party will close the conference so that we can talk and dance together. On Sunday on an optional guided tour we will show you around the city visiting the historical places of the Budapest School.

We are looking forward to getting closer to different kinds of heritages, customs, cultures. Let's share the experience, we are waiting for you in Budapest!

PRELIMINARY PROGRAM (*changes may occur*)

FRIDAY, 30 June

- 16.00 – 16.30: Registration
- 16.30 – 17.00: Welcome
- 17.00 – 18.30: Paper presentations
- 18.30 – 19.00: Welcome drinks
- 19.30 – : Optional dinner

SATURDAY, 1 July

- 09.30 – 11.00: Paper presentations
- 11.00 – 11.30: Coffee break
- 11.30 – 13.00: Parallel case discussions
- 13.00 – 14.00: Lunch
- 14.00 – 15.30: Parallel workshops
- 15.30 – 16.00: Coffee break
- 16.00 – 17.00: Paper presentations
- 17.00 – 17.30: Closing session
- 20.00 – : Dinner party

SUNDAY, July 2

- 10.00-12.00: Guided “analytic” tour

TOPICS AND LECTURERS (*changes may occur*)

Paper presentations

Ferenc Erős: Psychoanalysis behind Iron Curtains: The Budapest School in Historical Perspective

Ágnes Hódi: Good Vision, Better Vision, Supervision. The Story of a Controversial Tradition in Hungarian Psychoanalytic Training

Zsuzsa Lőrincz: Thinking on the Psychoanalytic Identity

Judit Mészáros: Ferenczi in our Time: Paradigm Shift in the Trauma Theory and the Reflective Relationship

Katalin Pető: The Heritage of Ferenczi's Technical Flexibility in Modern Psychoanalytic Theory and Technique

Ágoston Schmelowszky: Identity and Identity Resistance: Theoretical and Technical Reflections on Ferenczi's Clinical Diary

Judit Székács: Inheriting Sandor Ferenczi

Anna Vincze: Hermann's Concept of Clinging and its Relevance to Clinical Work

Workshops

Tihamér Bakó – Katalin Zana: Our Legacy: Internalized, Rejected, Rewritten

Borbála Sarkadi: Preservation or Transformation of the Heritage We Received

Zsolt Unoka: Activation of Internalized Personal Analyst and/or Supervisors Voices during the Psychoanalytic Process

Supervisors: *Ágnes Hódi, Judit Székács, Gábor Szőnyi*

The Closing Session will be moderated by *Gábor Szőnyi*

HISTORY OF THE BUDAPEST SCHOOL OF PSYCHOANALYSIS IN A NUTSHELL

written by Dóra Lőrík

“Budapest is well on its way to becoming the center of our movement” – wrote Freud in a letter to Karl Abraham in 1918, only ten years after the first Freud-Ferenczi meeting.

Ferenczi strongly influenced the practice of psychoanalytic treatments. He considered analysis as the process of the development of a relationship in the analytical situation

– a mutual, interactive relationship between analysand and analyst. Under his influence psychoanalysis changed from a scientific model to the experience of an intellectual and affective process.

What were Ferenczi's most important inventions that became the core values of the Budapest School and have an influence on modern psychoanalytic thinking?

He valued openness and honesty in the therapeutic relationship above all. He never lost his enthusiasm for experimentation and was always ready to admit his failures and learn from them. He drew attention to the preoedipal period and the mother-infant dyad and emphasised the importance of the recognition of sexual abuse and trauma in infancy. He suggested a deeper exploration of regressive states. He insisted that the analyst's feelings, intentions, reactions and experiences must be brought to light – he acknowledged the work with countertransference as important means of empathy.



Ferenczi's impact did not stay within the frame of the psychoanalytic movement. Budapest was a receptive city open to new findings and Ferenczi as a catalyst for the development of psychoanalysis – beside his analytic work he taught and had public talks on the topic – made the movement embraced by modernist intellectuals from many fields.

The 5th International Psychoanalytical Congress took place in Budapest in 1918 and Ferenczi was elected president of the International Psychoanalytic Association (IPA)

but could only undertake this responsibility for a short period. Due to the political climate in Hungary after World War I many intellectuals, including a number of psychoanalysts decided to emigrate or definitely had to flee. They left the country in two waves between the two World Wars. Their emigration was a great loss for the Hungarian movement but at the same time it had an undeniably important impact on the worldwide development of psychoanalytic thinking. Many Hungarian psychoanalysts found their new scientific homes in different parts of the world influencing considerably the thinking of colleagues in Berlin, London, New York, Chicago etc.

Meanwhile in Hungary during the Stalinist era psychoanalysis was considered as a “bourgeois ideology“. The Hungarian Psychoanalytic Association disbanded and the movement went underground from 1948 to the 1970’s – and then started to rebuild itself.

Hungarian psychoanalysis with its brilliant, influential legacy and tragic history is nowadays making promising progress to find its new place in the international psychoanalytic scene. As part of this work the candidates of the Hungarian Psychoanalytic Society warmly invite you to debate the impacts of the Budapest School all psychoanalysts experience during their present work, to find inspiring new ways of thinking and to make progress in the international integration process together. [1]

[1] **References:** *Haynal, A.:* On Psychoanalysis in Budapest. Loewenberg, Peter, Thompson, Nellie L. (eds): 100 Years of the IPA. The Centenary History of the International Psychoanalytical Association 1910-2010. Evolution and Change. London, Karnac, pp. 95-106, 2011

Lichtenberg, J.: Introduction. In.: On the Budapest School of Psychoanalysis. The Origin of a Two-person Psychology and Empathic Perspective. Arnold WM Rachman ed., Routledge, New York, 2016

Mészáros, J.: Sándor Ferenczi and the Budapest School of Psychoanalysis. Presentation on the occasion of the opening ceremony of the Ferenczi Center at the New School for Social Research, New York, January 12, 2009

http://www.newschool.edu/uploadedFiles/NSSR/Centers_and_Special_Programs/Judit_Meszáros_Talk-Inaugural_Event.pdf?n=8648