



Mens sana in corpore sano? Third Edition

Trekking, moving and thinking in Val D'Aosta Alps, Italy

6, 7 and 8 July, 2018

"Walk, read, listen, take notes and walk again, reflect, get back to the lodge, eat, laugh, relax. Wake up next morning and greet your fellows, tie your shoes, fill the water bottle and re-start.

The texts... can be read before the departure, if desired. We will take the time to deconstruct them searching for the secrets that allows these stories to be touched and a little 'changed. For this is at the end what makes the stories worth reading, right? Like roads that are worth traveling... All without duties, distress or pressure, accompanied by the beauty of the mountains and the fatigue to get close to them.

And then at night, at home, if we used the legs, eyes and head, it will be nice to see the route on the map, track it with the finger and say, "Look!"

Daide Longo's story

“Mens sana in corpore sano?” is an alternative form of scientific meeting for psychoanalysts, which offers a direct learning opportunity through a short period of coexistence, during which the participants will alternate moments of physical activity (trekking, stretching, yoga, dancing) with moments of exploration and reflection on lived experiences (discussion sessions)

Participants are encouraged to submit in advance written works about the relation between psyche and body. Some of the papers received will be selected for discussion in groups during the working sessions

For more information, please contact Isabel Silveira: bel.ugarte@yahoo.com.br

Deadline for papers´ submission: 14th may 2018. Mail to Paula Lopez: paula.lopez378@gmail.com

Video of the first edition, published by IPA and IPSO:

<https://www.youtube.com/watch?v=Y5r64LFczTM>

For IPSO

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